

Infant Massage

This class is taught by an Occupational Therapist certified in Infant Massage. Parents will learn different strokes and massage techniques to use on their child. Benefits from infant massage include releasing tension, helping your baby learn how to relax, bonding with parents, aiding in digestion, improving sleeping, helping calm colicky babies and improving weight gain.

(1) 60 minute session

\$30

Instructor: Tiffany Anewenter-Grinker, OTR

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